

*Traditional  
Quality*



*Friendly  
Service*

*Fish and Fine Foods*



**306-960-0096**

**howardsfishandfinefoods@rogers.com**

## ***Seafood & Fresh Water Fish and More:***

- Alligator
- Almond Sole
- Arctic Char
- Basa Fillets
- Battered Cod
- Cod Fillets
- Cooked Tiger Shrimp
- Frog Legs
- Haddock
- Halibut Fillets
- Halibut Steaks
- Jumbo Prawns
- King Crab -XL
- Lake Trout
- Lobster Tail
- Mahi Mahi
- Northern Pike (Boneless)
- Orange Roughy
- Oysters
- Perch Fillets
- Pickerel Fillets
- Potato Cod
- Prawns
- Red Snapper Fillets
- Salmon Pinwheel
- Salmon Fillets
- Salmon Steaks
- Scallops Medium or Large
- Smoked Cod
- Smoked Salmon
- Smoked Steelhead
- Sole Fillets
- Steelhead Trout
- Tilapia Fillets
- Tuna
- White Fish Fillets
- Whole Salmon
- Cabbage Rolls
- Chicken Cordon Bleu
- Chicken Souvlaki
- Cooked Dry Ribs
- Greek Riblets
- Perogies
- Pork Souvlaki
- Veal Cordon Bleu

***Having a Fund Raiser? Big Event?***

***Call Howard's for Custom Fish Fries and other ideas!***